

# Family member and friend treatment for gambling harm: Development of a self-directed intervention

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**Wednesday 20<sup>th</sup> September 2023, 7pm (19:00) Eastern Australian time; 10.00 am UK time (11:00 Central European Time; 12 noon Helsinki; 14:30 India; other times: <https://www.worldtimebuddy.com/>)**

To register (mandatory): Please use the following link:

<https://webropol.com/s/afinetwebinar>

Upon registration you will receive the Zoom/Teams link to participate in the Webinar.

## Description of webinar

Despite the large number of people affected by someone else's gambling and the extent of harm they experience, there are few established psychological interventions specifically designed for family members and friends affected by someone else's gambling. Moreover, given that only around 20% of people seeking gambling treatment and support services are family members and friends, lower-intensity interventions that are easily accessible are important to facilitate recovery from gambling harm without formal treatment. This Webinar will report on Dr Merkouris' program of research focusing on the development of a self-directed intervention for people affected by someone else's gambling behaviour, by drawing on the evidence base for people impacted by someone else's alcohol and/or substance use.

A recording of this webinar and the speaker's slides will be available on the AFINet website following this webinar. Future AFINet webinars are advertised on the AFINet website:

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AFINet aims to:

- bring together researchers, policy-makers, practitioners, and experts through experience,
- promote the well-being of family members, friends, and colleagues affected by or concerned about another person's problems with or addiction to alcohol, drugs or gambling, and
- develop research, policy, practice, and advocacy in the field.

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